

# 18th SUNDAY IN ORDINARY TIME < B

August 3 - 4, 2024

## Intercessions: For the Church

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy

## For the Dead

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

## In Communion with the Saints

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with the Blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

## Concluding Doxology

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever, and ever. **Amen.**

## Communion Rite

**STAND**

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Priest:*

Deliver us, Lord, we pray, from every evil, graciously grant us peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

*People:*

**For the kingdom, the power, and the glory are yours, now and for ever.**

## Sign Of Peace

*Priest* : Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I

give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

*People* : **Amen**

*Priest* : The peace of the Lord be with you always

*People* : **And with your Spirit.**

*Priest* : Let us offer each other the sign of peace

## Breaking of the Bread

*Lamb of God, you take away the sins of the world:*

**Have mercy on us.**

*Lamb of God, you take away the sins of the world:*

**Have mercy on us.**

*Lamb of God, you take away the sins of the world:*

**Grant us peace.**

## Reception of Communion

**KNEEL**

*Priest* : Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

*People* : **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*Priest* : The body of Christ.

Answer: **Amen**

*Priest* : The blood of Christ.

Answer: **Amen**

## Communion

*Prayer after Communion [Heavenly Gifts]*

**STAND**

Accompany with constant protection, O Lord, those you renew with these heavenly gifts and, in your never-failing care for them, make them worthy of eternal redemption. Through Christ our Lord.

**R/Amen.**

## General Announcements

**SIT**

## Blessing

**STAND**

The Lord himself has told us today:

“Do not work for food that perishes but for the kind of food that endures for eternal life.” May we seek, then, in life, the things of lasting value, integrity, justice and love. **R/Amen.**

May this be our way to God and to our fellowmen, with the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit. **R/Amen.**

Let us go as people renewed by Christ, in justice and holiness.

**R/ Thanks be to God.**

**MC: Greeting**

**Entrance song**

**STAND**

## Introduction by the Celebrant

**ENTRANCE ANT. [God's Help]**

***O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.***

## Penitential Act

There are times when we try to make God serve us rather than that we serve him in faith. Let us ask forgiveness from the Lord:

*(pause)*

Lord, you came from the Father to nourish us with the food of your Word of truth and guidance: Lord, have mercy. **Lord, have mercy.**

Jesus Christ, you are the bread from heaven which gives life to us and to the whole world: Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you are the bread of life and if we come to you in faith we will never be hungry: Lord, have mercy. **Lord, have mercy.**

Have mercy on us, Lord, forgive us for our lack of faith and our reluctance to serve you. Lead us to everlasting life. **Amen.**

## Glory to God in the highest

**C: Collect [God's Unceasing Kindness]**

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **R/Amen.**

## Liturgy of the Word

**SIT**

**First Reading Ex 16:2-4, 12-15**

**[Manna from Heaven]**

*The Israelites begin to grumble, and the Lord promises to rain down bread from heaven and give them quail to eat at twilight. In this they will know that the Lord is God.*

A reading from the Book of Exodus

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, “Would that we had died at the Lord’s hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!”

Then the Lord said to Moses, “I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.”

“I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the Lord, am your God.”

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, “What is this?” for they did not know what it was. But Moses told them, “This is the bread which the Lord has given you to eat.”

*The word of the Lord.*

**R/ Thanks be to God.**

**Responsorial Psalm Ps 78 [Heavenly Bread]**

**R./ The Lord gave them bread from heaven.**

What we have heard and know, and what our fathers have declared to us, we will declare to the generation to come, the glorious deeds of the Lord and his strength and the wonders that he wrought. **(R.)**

He commanded the skies above and the doors of heaven he opened; he rained manna upon them for food and gave them heavenly bread. **(R.)**

Man ate the bread of angels, food he sent them in abundance. And he brought them to his holy land, to the mountain his right hand had won. **(R.)**

**Second Reading Eph 4:17,20-24 [A New Self]**

*Paul tells the Ephesians that they must abandon their old pagan ways and acquire a fresh, spiritual way of living-to become new people created in God's image.*

A reading from the Letter of Saint Paul to the Ephesians

Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles

do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

*The word of the Lord.*

**R/ Thanks be to God.**

**Alleluia Mt 4:4b [Words of Life] STAND**

**R/ Alleluia, alleluia.**

One does not live on bread alone, but on every word that comes forth from the mouth of God.

**R/ Alleluia, alleluia.**



*"The bread of God... comes down from heaven and gives life to the world."*

**Gospel Jn 6:24-35**

**[Christ, True Bread from Heaven]**

*After feeding the multitude, Jesus and his disciples went across the lake. The people found them, and Jesus cautioned them that they were looking only for signs and food but the work of God demands faith in the One he sent.*

**R/ The Lord be with you.**

**R/ And with your spirit.**

A reading from the holy Gospel according to John.  
**R/ Glory to you, O Lord**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: *He gave them bread from heaven to eat.*" So Jesus said to them, "Amen, amen, I say to you, It was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that

which comes down from heaven and gives life to the world."

So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believe in me will never thirst."

*The Gospel of the Lord.*

**R/ Praise to you, Lord Jesus Christ.**

Homily

SIT

I believe in God

STAND

General Intercessions

In memory of your Son, our Lord Jesus, who broke for us the bread of his love and poured for us the blood of his life, and has given us the signs of the new world. Loving Father, with trust we come to you and make our petitions known to you:

*(Pause)*

For the Church: that the Holy Spirit may inspire her to carry forth the reforms necessary for her mission in our time, and the fervent devotion to the Eucharist may lead her to greater holiness and reach out to greater numbers of God's people.

Let us pray:

**Lord, hear our prayer.**

For those who govern us and pass legislation: may the Holy Spirit inspire them to find ways of pursuing justice, truth and peace; and guide them to put in place effective measures for the health and wellbeing of the peoples.

Let us pray:

**Lord, hear our prayer.**

For our Parish community: may we who believe in the redeeming message of Christ, help those bearing burdens to regain their strength; and that our parish may still be a place where faith, hope, and love prevail that the Holy Eucharist is the bread of life.

Let us pray:

**Lord, hear our prayer.**

For the repose of the souls of all the faithful departed, may they rest in peace; and may souls in purgatory find solace in the Divine Mercy Lord to diminish their suffering and shorten their wait for heaven. Let us pray:

**Lord, hear our prayer.**

Lord Jesus, You are the head of the Church, we humbly seek your providence of the St. Peter Canisius International Catholic Parish, the grace to seek more fervently the food that endures to eternal life and to be the Light to the nations. Let us pray:

**Lord, hear our prayer.**

We pray for those intentions offered for the Mass and for our personal intentions ...

*(Pause)*

Let us pray:

**Lord, hear our prayer.**

Loving Father, help us to put away the old self and to be renewed in spirit, recreated in righteousness and holiness of the truth; that Your world can take shape in us and grows. Through Jesus Christ our Lord. **R/ Amen.**

Offertory hymn

SIT

Liturgy of the Eucharist

**Preparation of the Bread**

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

*All : Blessed be God for ever.*

**Preparation of the Wine**

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

*All : Blessed be God for ever.*

**Invitation To Prayer**

STAND

**Priest** : Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

**People** : **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his Holy Church**

**Prayer over the Offerings [Spiritual Sacrifice]**

STAND

Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you. Through Christ our Lord. **Amen.**

The Eucharistic Prayer

STAND

*Introductory Dialogue*  
The Lord be with you.

**And with your spirit.**

Lift up your hearts

**We lift them up to the Lord**

Let us give thanks to the Lord our God.

**It is right and just**

Preface VII Of The Sundays In Ordinary Time

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.

For you so loved the world that in your mercy you sent us the Redeemer, to live like us in all things but

sin, so that you might love in us what you loved in your Son, by whose obedience we have been restored to those gifts of yours that, by sinning, we had lost in disobedience.

And so, Lord, with all the Angels and Saints, we too, give you thanks, as in exultation we acclaim:

**Holy, Holy, Holy Lord God of hosts....**

Eucharistic Prayer No.2

KNEEL

**Praise to the Father**

You are indeed Holy, O Lord, the fount of all holiness.

**Invocation of the Holy Spirit**

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and ✽ Blood of our Lord Jesus Christ.

**The Lord's Supper**

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

**Take this, all of you, and eat of it, for this is my Body, which will be given up for you.**

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

**Take this, all of you, and drink from it, for this is the chalice of my Blood, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins.**

**Do this in memory of me.**

**Memorial Acclamation**

*Priest* : The mystery of faith.

*All* : **When we eat this Bread and drink this cup, we proclaim your Death, O Lord, until you come again.**

**The Memorial Prayer**

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you Lord, the Bread of life and the Chalice of salvation, giving thanks that you have heald us worthy to be in your presence and minister to you.

**Invocation of the Holy Spirit**

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.